

Community Resources in Response to COVID-19

Provided for information only, without recommendation.

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COVID-19 Information	Government of Canada	Link	
	Public Health Ontario	Link	
	Toronto Public Health	Link	
	World Health Organization	Link	
Crisis Lines	Crisis Text Line is free and available 24/7	Canadians text "686868"	Link
Crisis Lines	Toronto Distress Centre: Emotional support service for those with chronic mental health problems; Support & crisis intervention services for those currently experiencing distress or in crisis; Family violence response; Suicide prevention services; Emergency intervention and response.	416-408-4357 (HELP)	Link
Crisis Lines	Kids Help Phone	1-800-668-6868	Link
Crisis Lines	ShelterSafe - Connecting women fleeing violence to their closest women's shelter 24/7	Link	
Crisis Lines	National Aboriginal Circle Against Family Violence	Link	
Crisis Lines	The Gerstein Centre (Non-medical Mental Health Crisis Support)	416-929-5200	Link
Crisis Lines	List of Toronto and GTA-based Crisis and Suicide Lines	Link	
Crisis Lines	Mental Health Crisis Line (Canada Wide)	1-888-893-8333	
Crisis Lines	Canadian, US and, International Mental Health Hotlines	Link	
Crisis Lines	Toronto Rape Crisis Centre - 24-hour crisis line for sexual abuse & assault	Link	(416) 597-8808
Crisis Lines	LGBT2Q+ Youthline	Link	1-800-268-9688 TXT647-694-4275
Crisis Lines	Assaulted Women's Helpline	Link	1-888-863-0511
Crisis Lines	Support Service for Male Survivors of Sexual Assault (Ontario-based support line, available 24 hours per day, 7 days per week)	1-866-887-0015	